

|  |  |  |
| --- | --- | --- |
| Time |  | Activities to do: |
|  | Good Morning! |  |
|  | Morning walk/chore |  |
|  | Academic Time |  |
|  | Break/Creative Time |  |
|  | Lunch time – YUM! |  |
|  | Chore time |  |
|  | Reading time |  |
|  | Academic time |  |
|  | Outside time |  |
|  | Dinner |  |
|  | Free time |  |
|  | Bedtime |  |

© Talk-a-While, Child & Family Therapy Center

www.talkawhile.org