



# DISTANCE LEARNING DAILY SCHEDULE



<b>Before 9 am</b>	Good morning!	Breakfast, brush teeth get dressed, make bed
<b>9:00-10:00</b>	Morning walk/chore	Walk dog, meditate, clean up after breakfast
<b>10:00-11:30</b>	Academic time	SCHOOL work assignments, videos assigned, turn in work NO ELECTRONICS
<b>11:30-12:15</b>	Break/Creative time	Art, practice music, lego builds, work on fun project
<b>12:15</b>	Lunch time-YUM!	
<b>12:45</b>	Chore time	1-Clean up dishes, table 2-Sweep/Mop Floors
<b>1:15-2:00</b>	Reading time	Read, Read, Read! Work on a puzzle or mind teaser, take a nap
<b>2:00-3:30</b>	Academic time	Finish up SCHOOL work due; Put new due dates in Agenda
<b>3:30-4:30</b>	Outside time	Bikes, Walk the dog, Play outside, Call friends with parent permission
<b>4:30-6:00</b>	Dinner	Learn a new Recipe and work with an Adult
<b>6:00-8:00</b>	Free time	Watch a fun show/series; Shower time!
<b>8:00-9:00pm</b>	Bedtime	Time to rest! Kids that follow schedule get to stay up a little later